

FURMAN FAMILY COUNSELING, LLC
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Child and Adolescent History and Assessment

Today's Date: _____

A. Identification

1. Child's Full Name: _____
Gender: _____ Preferred Pronouns: _____
Date of birth: _____ Age: _____
Nickname: _____ Social Security number: xxx-xx-_____
Person completing this form: _____
Home address: _____
City: _____ State: _____ Zip code: _____
Home phone: _____ e-mail: _____
Cell: _____
Calls or e-mail will be discreet, but please indicate any restrictions: _____

2. Mother's name: _____ Date of birth: _____ Age: _____
Address: _____
Home phone: _____ OK to leave message: Y ___ N ___
Cell phone/pager: _____ OK to leave message: Y ___ N ___
Currently employed: ___ Yes ___ No
Current employer: _____ Work phone: _____

3. Father's name: _____ Date of birth: _____ Age: _____
Address: _____
Home phone: _____ Cell phone/pager: _____
Currently employed: ___ Yes ___ No
Current employer: _____ Work phone: _____

4. Parents are currently: ___ Married ___ Divorced ___ Remarried ___ Never married
___ Other; Child's custodian/guardian: _____

5. Stepparent's name: _____ Date of birth: _____ Age: _____
Address: _____
Home phone: _____ Cell phone/pager: _____
Currently employed: ___ Yes ___ No
Current employer: _____ Work phone: _____

6. Stepparent's name: _____ Date of birth: _____ Age: _____
Address: _____
Home phone: _____ Cell phone/pager: _____
Currently employed: ___ Yes ___ No
Current employer: _____ Work phone: _____

7. Custody Arrangements:
Mother: Sole Physical _____; Sole Legal _____
Joint Physical _____; Joint Legal _____
Father: Sole Physical _____; Sole Legal _____
Joint Physical _____; Joint Legal _____

B. Referral: Who gave you my name (our agency) to call?

Name: _____ Phone: _____

Address: _____

May I thank this person for the referral? Yes No

How did this person explain how I might be of help to you? _____

C. Emergency Information

Emergency contact person: _____

Relationship: _____ Phone number: _____

D. Chief Concern

Please describe the main difficulty that has brought you to see me: _____

E. Checklist of Concerns

Check all that apply to your child.

- Abuse (Current emotional, physical, verbal, sexual)
- Abuse (Past emotional, physical, verbal, sexual)
- Aggression/violence
- Alcohol/substance use
- Alcohol/substance use of loved one
- Anxiety, nervousness
- Attention, concentration, distractibility
- Bullies, intimidates, provokes others
- Depression, low mood, sadness
- Divorce, separation, remarriage (parents)
- Eating problems
- Failure in school
- Fighting, hitting, hostile, destructive
- Gambling
- Grieving, mourning, losses, deaths
- Health issues, medical concerns
- Interrupts, talks out, yells
- Impulsiveness, loss of control, outbursts
- Lack of respect for authority, insults, dares
- Learning disability, learning issues
- Low frustration tolerance, irritability
- Mood swings
- Nightmares, night terrors
- Oppositional, resists, refuses, doesn't comply
- Overactive, restless, hyperactive, fidgety
- Parenting, child management, single parent issues
- Recent move, new school, loss of friends
- Relationship problems (friends, relatives, siblings)
- Self-esteem
- Self-harm/self-injurious behaviors (cutting, head banging, hitting self)
- Sexual issues (preoccupation, public masturbation, inappropriate sexual behaviors, sexual orientation, gender identity)
- Sleep problems – too much, too little
- Suicidal thoughts or attempts
- Teased, bullied, victimized
- Temper problems, self-control issues
- Tics- involuntary rapid movements
- Trauma survivor or witness
- Truant, avoids school
- Weight and diet issues
- Wetting or soiling issues
- Withdraws from others, isolates
- Other (specify): _____

F. Living Environment

List all people living in the home. Indicate which children are from a previous marriage or relationship with the letter P in the last column.

Name	Relationship	Date of birth	P?

Children not living in the home:

Name	Relationship	Date of birth	P?

G. Developmental History

1. Pregnancy and delivery

Prenatal medical illnesses and health care: _____

Was your child premature? _____ Weight and height at birth: _____

Any birth complications or problems? _____

2. The first few months of life

Breast fed? ___ If so, for how long? _____

3. Developmental milestones: At what age did this child do each of these? If uncertain, indicate if within normal limits (WNL)

Sat without support: _____ Crawled: _____ Walked without holding on: _____

Helped when being dressed: _____ Ate with a fork: _____ Stayed dry all day: _____

Didn't soil pants: _____ Stayed dry all night: _____ Tied shoelaces: _____

Buttoned buttons: _____

4. Speech/language development

Age when child said first word understandable to a stranger: _____

Age when child said first sentence understandable to stranger: _____

Any speech, hearing or language difficulties? _____

5. Allergies: _____

6. Sleep patterns or problems: _____

7. Personality characteristics: _____

H. Health (Physical) History

Primary care doctor/clinic's name: _____

Phone: _____

Address: _____

If your child enters treatment with me may I contact your child's doctor so that he or she can be fully informed and we can coordinate treatment? ___ Yes ___ No

List all of childhood illnesses, hospitalizations, medications, allergies, head injuries, important accidents and injuries, surgeries, periods of loss of consciousness, convulsions/seizures and other medical conditions.

Condition	Age	Treated by whom?	Consequences

I. Mental Health/Counseling History

1. Has your child ever received psychological, psychiatric, drug or alcohol treatment, or counseling services before? ___ No ___ Yes If yes, please indicate:

Date	Provider	Presenting problem	Results

2. Has your child ever taken medications for psychiatric or emotional problems? ___ No ___ Yes If yes, please indicate:

Date	Provider	Medications	Presenting problem	Results

J. Residences

1. Homes

Dates		Location	With whom	Reason for moving	Any problems?
From	To				

2. Residential placements, foster care, institutional places

Dates		Program name	Reason for placement	Problems?
From	To			

K. Schools

School (name, district, address, phone)	Grade	Teacher

May I call and discuss your child with the current teacher? ___ Yes ___ No

L. Special skills or talents of child

List hobbies, sports; recreational musical, TV and toy preferences: etc.: _____

M. Religious and racial/ethnic identification (optional)

Religious denomination/affiliation: ___ Protestant ___ Catholic ___ Jewish ___ Islamic ___ Buddhist
___ Hindu ___ Other (specify): _____
Involvement: ___ None ___ Some/irregular ___ Active
Ethnicity/national origin: _____ Race: _____

N. Other

Is there anything else I should know that does not appear on this form that may be helpful to the counseling? _____
